



ReadyRosie Parenting Curriculum Manual

Ready Families, Ready Educators, Ready Children

Table of Contents

Program Overview	3
1. Welcome	3
2. Goals of ReadyRosie Parenting Curriculum	3
3. Target Audience	3
4. Program Components	3
5. Theory, Research and Outcomes	4
6. Data and Evaluation	4
a) Data and Two Way Communication	5
b) Evaluation	5
• Pre and Post Survey	5
• Workshop Evaluation	5
• Bi-annual ReadyRosie program survey	5
Implementation	6
1. Overview of Implementation Steps	6
2. Implementation Meeting and Action Plan	6
3. Staff Training	6
• ReadyRosie Introduction Nuts and Bolts Training	6
• ReadyRosie Parenting Curriculum Train-The-Trainer	7
4. Teacher Implementation Guide	7
Family Workshops	8
1. Overview	8
2. Customization and Time	8
3. Workshop Materials	9
• Facilitator Guides	9
• PowerPoint Slides	9
• Handouts	9
• Videos	10
• Link to Family Workshop Facilitator Guides, Slides, and Materials	10
Preparing for and Facilitating a Successful ReadyRosie Workshop	11
1. Facilitator Criteria	11
2. Preparation	11
3. Family Workshop Facilitator Checklist	11
4. Delivery	12
5. Facilitation Tips	12
Family Home Learning Video Library	15
1. Overview	15
2. Link to Curriculum Alignments and Family Curriculum Maps	15

Program Overview

Welcome

ReadyRosie is an early education tool that helps families, schools and communities across the nation deepen and scale their family engagement efforts. Our tools leverage the power of video modeling, family workshops, professional development opportunities, and mobile technology to build powerful partnerships between families and educators resulting in *Ready Families, Ready Educators, Ready Children*.

Goals of ReadyRosie Parenting Curriculum

At ReadyRosie, we know families are central to a child's health, well-being, and academic success. Our goal is to provide a combined approach of interactive parenting workshops and delivery of rich parenting content at home so families can learn and practice parenting skills with their peers and build a strong home learning practice. This two-fold approach deepens the learning experience, builds capacity, and inspires an ongoing commitment to family learning. We have identified the outcomes programs can expect for families, children and educators when they implement ReadyRosie with fidelity.

[CLICK HERE](#) to see our **observable outcomes**.

Target Audience

ReadyRosie's Family Curriculum is designed for families with children ages birth-5th grade

Program Components:

The ReadyRosie Parenting Curriculum is a research-based, flexible family curriculum with three key components:

- 1. Ongoing professional development**

Programs participate in two mandatory, customizable professional development workshops delivered by ReadyRosie called Nuts and Bolts and the ReadyRosie Family Curriculum Train-The-Trainer. By participating in these workshops, educators will build their capacity to engage with families and be prepared to implement the ReadyRosie Parenting Curriculum and deliver the ReadyRosie family workshop series. ReadyRosie has additional, optional professional development opportunities. [CLICK HERE](#) to see our **Professional Development Options**.

- 2. Highly interactive family workshops**

At ReadyRosie, we know families are central to a child's health, well-being, and academic success. We believe a combined approach of receiving rich parenting content at home and participating in interactive workshops enables families to deeply practice parenting skills in the comfort of their homes and with peers. This two-fold approach deepens the learning

experience, builds capacity, and inspires an ongoing commitment to family learning. There is a recommended sequence for the workshops but each workshop is an individual turn-key module so programs can flexibly determine how to best meet their families' needs. Workshops can be delivered in English, Spanish or bilingually. Below is the recommended family workshop sequence. The first three workshops focus on building foundational family skills and then progress to building family literacy, family math and family leadership skills. [CLICK HERE](#) to see our **workshop overview flyer**. [CLICK HERE](#) to see **workshop materials** in English and Spanish. This includes Facilitator Guides, PowerPoint slides and materials:

- **Workshop 1: Relationships Matter**
- **Workshop 2: You Can Make a Difference**
- **Workshop 3: Families as Partners**
- **Workshop 4: Words Matter! Building a Literacy-Rich Home Environment**
- **Workshop 5: Math Matters! Building a Math-Rich Home Environment**
- **Workshop 6: Families as Leaders**

3. **Family Home Learning Video Practice**

We help families build a strong home learning practice by sending weekly home learning curriculum from our library of over 1000 modeled learning moments. Our video curriculum models learning activities, games, and family interactions that build on families' knowledge and experiences and can be accessed in English, Spanish, through closed captioning for hearing impaired families and with sub-titles in Arabic and Vietnamese. Our video curriculum is research-based and is designed to be accessible and inspire a strong home-learning practice and ongoing access to parenting content. Our workshops and home learning video practice are complimentary and reinforce foundational parenting skills, practices and the joy of learning together. [CLICK HERE](#) for links to our **Head Start Alignment** and **Family Video Curriculum Maps**.

Theory, Research, and Outcomes

ReadyRosie's family curriculum is based on well-established theories and research. [CLICK HERE](#) to see a brief **summary of our research**, a **comprehensive compendium of our research base** and the **observable outcomes** programs can expect to see if they implement ReadyRosie with fidelity.

Data and Evaluation

Programs have access to ongoing data and evaluation tools. The ReadyRosie Share system provides a detailed dashboard for administrators and teachers so they can view and monitor usage of the ReadyRosie home learning curriculum. [CLICK HERE](#) to see more details on how your program will be able to measure and monitor the impact of ReadyRosie's Parenting Curriculum.

Additionally ReadyRosie has three evaluation tools to give programs the flexibility to capture feedback on the family workshops and the home learning video curriculum.

1. **Pre and Post Survey:** Some programs like to do a pre and post survey. If your program is doing a pre and post survey, we recommend you conduct the pre-survey at or before your first Family Workshop and that you conduct your post-survey at the end of your family workshop series or

at the end of your school year after your family has experienced the workshops and the home learning video curriculum. [CLICK HERE](#) to see a copy of the **pre and post survey in English and Spanish**.

2. **Workshop Evaluation:** Some programs want to collect feedback after each workshop. The workshop evaluation can be used after each individual workshop to capture family input and learnings. [CLICK HERE](#) to see a copy of the **workshop evaluation** in English and Spanish.
3. **Bi-annual ReadyRosie Program Survey:** ReadyRosie conducts a national bi-annual program survey to determine customer satisfaction and learnings from the home learning video curriculum and SHARE experience. The results of the survey can be shared with programs.

Implementation

Overview of Implementation Steps

To implement ReadyRosie with fidelity requires:

1. An Implementation Meeting with ReadyRosie and key program staff. This meeting can be done remotely and results in the creation of an Implementation Action Plan with agreed upon deadlines.
2. Staff Training
 - Teachers and Administrators must attend a **ReadyRosie Nuts and Bolts Training**. This is a 1.5 hour commitment that can be done in person or via a webinar.
 - The staff who will deliver the ReadyRosie Workshops must attend a **ReadyRosie Parenting Curriculum Train-The-Trainer**. This is a 1.5 hour in-person training and can be combined with the Nuts and Bolts training.
3. Teachers must create their SHARE classrooms and invite families to join the program so they can begin receiving their home learning curriculum.
[CLICK HERE](#) to see the **Teacher Implementation Guide**.

Implementation Meeting and Action Plan

ReadyRosie will schedule an implementation meeting with your program to make sure that the implementation of your Parenting Curriculum is Successful. This meeting is critical to creating an Action Plan that includes all the steps needed for a successful implementation.

[CLICK HERE](#) to see the **Administrator Implementation Guide and Action Plan**.

Staff Training

The Nuts and Bolts: Implementing ReadyRosie with Success and Fidelity

In this workshop educators explore families as assets, the ReadyRosie video content to understand how it relates to student outcomes, how to enroll families and how ReadyRosie can be a tool for communication and capacity building for families. Educators will understand how to drive learning beyond school walls by using ReadyRosie tools. Educators will have time to build a strategic implementation plan, practice registering families, and build playlists they can send to families throughout the school year. By participating in this workshop, educators will:

- Be inspired to view families as assets and educational partners and make family engagement a priority.

- Understand the importance of family engagement in closing the opportunity/achievement gap.
- Understand how families can impact student outcomes and how ReadyRosie is aligned to state standards and family needs.
- Learn what ReadyRosie is and how it works.
- Know how to use ReadyRosie Share to build powerful content communication with families.
- Build upon family engagement strategies to implement ReadyRosie and integrate it with lesson plans, curriculum, and programming.

ReadyRosie Parenting Curriculum Train-The-Trainer

At ReadyRosie, we know families are central to a child’s health, well-being, and academic success. We believe a combined approach of receiving rich parenting content at home and participating in interactive workshops enables families to deeply practice parenting skills in the comfort of their homes and with peers. This two-fold approach deepens the learning experience, builds capacity, and inspires an ongoing commitment to family learning. This training prepares staff to facilitate the turn-key ReadyRosie family workshop series. Participants will:

- Understand ReadyRosie’s family workshop offerings and sequence.
- Be able to successfully delivery Ready Rosie’s family workshops.
- Know how to access tools and materials to build excitement and awareness with families around the family workshops and home learning video curriculum.

Teacher Implementation Guide

After attending the Nuts and Bolts training, teachers are ready to create their classrooms and invite families to begin receiving the home learning curriculum. The Teacher Implementation Guide provides simple, clear steps for building awareness and excitement with families and for completing all steps necessary to make ReadyRosie an integral part of the educator/family partnership experience.

[CLICK HERE](#) to see the **Teacher Implementation Guide**.

Family Workshops

Overview

At ReadyRosie, we know families are central to a child’s health, well-being, and academic success. We believe a combined approach of receiving rich parenting content at home and participating in interactive workshops enables families to deeply practice parenting skills in the comfort of their homes and with peers. This two-fold approach deepens the learning experience, builds capacity, and inspires an ongoing commitment to family learning. Each workshop is designed to:

- Be 1-1.5 hours in length and provide opportunities to practice parenting skills in the workshop and beyond the workshop session by the delivery of ongoing weekly content to the home.
- Stand alone or be grouped for a customized training.
- Inspire families to utilize the ReadyRosie digital tool to extend learning beyond the workshop and into daily practice.
- Build community and peer connections.
- Connect families to local resources.

Customization and Time

Workshop Facilitators have the ability to modify the workshops based on program and participant needs and interests. We recommend reviewing the facilitator guides, slides and materials to determine:

1. If the workshop will include the extensions that are provided as “optional” content. This content can be delivered in conjunction with an existing workshop, can be pulled out and delivered separately as a separate workshop, or skipped altogether. Extension options included in the program are:
 - **Celebrating Your Family Values and Strengths** (Relationships Matter Extension)
 - **Self-Care** (You can Make a Difference Extension)
 - **Media and My Family** (Families as Partners Extension)
 - **Storytelling and Reminiscing** (Words Matter! Building a Literacy-Rich Home Environment Extension)
 - **Math Stories, Books and Math Writing** (Math Matters! Building a Math-Rich Home Environment Extension)
2. Programs can determine if they need to adjust workshop time to meet the needs of families. Programs know their families best and can expand the time of the workshops accordingly. Programs should consider:
 - If you are doing a workshop bilingually you will want to allow more time for facilitating information in both languages.
 - If participating families have low levels of literacy and/or a high percentage English Language Learners, you will want to leave more time for class discussions and processing by expanding the workshop time from 1 hour to 1.5 hours.

- If you are going to do a Pre and Post assessment we highly recommend that you allow more time if doing the assessment at the first workshop. Another option would be to do the Pre-Assessment prior to the start of the first workshop. It takes time to complete the surveys and evaluations and you want to give your students time to ask questions and to be able to assist them.

Workshop Materials

Objectives for each workshop are listed at the beginning of each facilitator's guide.

All workshop materials are available in English and Spanish online at

<http://readyrosie.helpscoutdocs.com/category/59-family-workshops>.

Every workshop includes:

- An easy to use facilitator's guide.
- A PowerPoint presentation with embedded modeled moment videos.
- Specified handouts.
- ReadyRosie SHARE and Video Addendum so content can be sent to families as a home practice reminder and can also be sent to families who were unable to attend the workshop.
- Workshop Evaluation (or pre and post survey).
- A bilingual customizable flyer to advertise to families.
- Program provided link to local community resources. We strongly encourage programs to provide access to handouts and information about local community resources during the workshops.

Facilitator Guides

The Training Facilitator Guides are provided in English and Spanish and includes the content that the facilitator will be covering during the workshop. Facilitators should review the guide and become familiar with all content before presenting. We estimate that it should take about 30 minutes to prepare for each workshop.

PowerPoint Slides

PowerPoint slides are provided with each workshop. Slides offer key talking points, but they should be expanded upon using the notes in the facilitator's guide and the facilitator's own knowledge and experience.

Handouts

Facilitator guides include a list of handouts that may be used during the workshop. The program will need to print and copy the handouts prior to the workshop. Make sure you include enough handouts for every participant. Certain workshops also ask the program to include high quality children's picture books. Please make sure that you include books that are diverse and represent the families in your program. It is also a good idea to include a table of children's books for families to browse and possibly

checkout for home use during the workshop series. We also strongly encourage programs to provide access to handouts and information about local community resources during the workshops.

Videos

Brief videos are embedded in the slides. This allows families to experience ReadyRosie learning games, activities and experts as part of the workshop. Facilitators will need to have a reliable Internet connection to be able to show how to search the video library for additional content for families' home learning practice.

Preparing for and Facilitating a Successful ReadyRosie Workshop

Facilitator Criteria

All facilitators must have:

- Participated in the ReadyRosie Nuts and Bolts and ReadyRosie Parenting Curriculum Train-The-Trainer.
- Strong knowledge of child development and parenting skills and practices.
- Experience and interest in working with families and children.
- Strong communication skills.
- Experienced facilitation skills (Comfortable leading discussions, learning activities, debriefs and making connections).

Preparation

Delivering a successful workshop requires planning and preparation. Facilitators will need to:

1. Review the Facilitator’s Guide, Slides and Handouts so they are familiar with the material and can identify any relevant stories or program examples they want to share during the workshop. Plan on spending at least 30 minutes reviewing materials and preparing for the workshop.
2. Think about the participating families’ needs, priorities and past workshop experiences so they can incorporate any changes, modifications or extensions into the workshop.
3. Confirm training logistics and make sure technical needs and copies of materials are organized and prepared.
4. Use the Family Workshop Facilitator Checklist below to plan and get organized.

Family Workshop Facilitator Checklist

_____ weeks prior to workshop	<input type="checkbox"/> Build excitement. Advertise and recruit families for the workshop. <input type="checkbox"/> Make arrangements for childcare and snacks if providing
Two Weeks Prior To workshop	<input type="checkbox"/> Finalize registration
One Week Prior To workshop	<input type="checkbox"/> Confirm final details with site, including logistics, requesting projector, computers with internet <input type="checkbox"/> Send a reminder to families about the workshop or make calls to remind about workshop <input type="checkbox"/> Review your facilitator’s guide and videos. Look at the time guidelines and make sure you know the objectives of the workshop so you can keep “side conversations and tangents to a minimum” and that you

	<p>lead thoughtful, relevant discussions.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Prepare any personal, relevant examples that will make the workshop come to life <input type="checkbox"/> Have materials printed <input type="checkbox"/> Organize materials
Day of Session	<ul style="list-style-type: none"> <input type="checkbox"/> Set-up your room early <input type="checkbox"/> Have sign-in sheet out on table with pens <input type="checkbox"/> Have name tags <input type="checkbox"/> Have all your materials ready and organized <input type="checkbox"/> Greet participants as they come into the classroom <input type="checkbox"/> Start on-time <input type="checkbox"/> Create a safe-trusting environment <input type="checkbox"/> Collect sign-in sheets <input type="checkbox"/> Collect surveys
After Session	<ul style="list-style-type: none"> <input type="checkbox"/> Use SHARE to thank families for coming and to send relevant content

Delivery

ReadyRosie workshops can be delivered in English, Spanish or bilingually. One person may deliver a workshop module in its entirety, or two facilitators may deliver the training together especially if doing a bilingual class. The workshops can be customized to fit program needs and participants' interests.

We believe that delivering workshops bilingually builds community with families who are often separated by language, culture and experiences. Families need the opportunity to learn together and discover the commonalities of their parenting journey. Their children are together in classes and we believe when possible, they should be as well. That way, programs are able to build connection, community and true family engagement with families who often do not have the opportunity to interact with each other. This approach also benefits school communities where there are multiple languages spoken in a classroom.

Our workshops are designed to be interactive and collaborative. You will want to make sure you have tables and chairs arranged for partner and group table work. Our recommended class size can be from 4-45 participants. You can have larger groups but will need to make sure you have room for families to interact and be able to see and hear the videos included in the class.

Facilitation Tips

Facilitating an excellent workshop requires the ability to lead and manage class discussions and participation. We've outlined a few strategies below to help facilitators prepare for questions, encourage strong participation, keep participants focused and on-task, handle debriefs, and deal with challenging disruptions.

- Review your facilitator’s guide and videos. Look at the time guidelines and make sure you know the objectives of the workshop so you can keep “side conversations and tangents to a minimum” and that you lead thoughtful, relevant discussions.
- Observe, listen and facilitate...this is not a presentation.
- The activity is the fun part, the discussion afterward is the critical part. They rely on each other. Use open ended questions to stimulate conversation/reflection and learning and model open-ended questions. Have conversation builders ready: Can you say more about that? Does anyone else have an idea? Has anyone else experienced this? What did you do?
- Set the tone: Honor different perspectives and cultures, good listeners with one conversation at a time unless doing group work, keep things confidential, open and honest.
- Keep participants active: allow movement and play.
- Facilitate: stay on track but be flexible with your participants needs. If they need more time to debrief and it is a rich conversation, try to allow that time, pay attention to the energy in the room.

Create a Welcoming Environment

1. Class Set-up:

- Set-up your classroom so it encourages participation and group discussion. Clusters of tables vs. auditorium style seating.
- Have your materials organized and ready for easy distribution.
- Consider having a music playlist that welcomes families as they walk in and can be played while they are working independently or in groups.
- Snacks and refreshments are optional but help families feel welcome.

2. Greet participants and Warm-up the Room:

- As participants come in welcome them at the door and consider asking some general questions. How are you doing today? How many children do you have? How old are they? What made you decide to try the class?
- Visit with participants who arrive early.
- Have participants wear nametags so you can learn their names and they can learn each other’s names.
- Every workshop module include a warm up activity that allows participants to reflect and interact.
- Treat every participant and family as a respected partner.
- Create a safe, trusting environment per the facilitator guide instructions.

3. Know Your Workshop Participants:

- Gather as much information as you can about the workshop participants prior to class. What are the overall ages of the children? What are the languages spoken in the home? What is the education level/background of the participants? What cultures will be represented? What are the strengths of the families in the program?

Participation Strategies

Our workshops are highly interactive and based on experiential activities. Participants will be engaged because they will be active learners and not passive recipients of a lecture. If you feel the energy is low in the room you can consider:

- Asking participants to stand-up and stretch.
- Demonstrating and playing a quick game you'd do with their children like Heads, Shoulders, Knees and Toes or a quick game of Simon Says and reinforcing what children are learning by playing the game.
- Giving a quick break.
- Plan for and explain the strategy you will use to regain their attention after a group activity. Select a strategy that feels right for you. Communicate it at the beginning of the class and use it consistently. Some ideas include: When I clap my hands like this, it's time to stop talking and come back together as a group. When I ring this bell..., when I countdown...

Strategies for Handling Questions

1. Share your personal experience when relevant to help answer a question.
2. Use the class expertise and ask if anyone in the class has an answer or idea to the question.
3. Create a "parking lot" where you can write questions down during the workshop and come back to them at the end or at a later time.
4. If the class wants to discuss a topic that isn't in the workshop, consider adding the topic to the parking lot and determining if/how that topic can be addressed at a later time.

Dealing with Challenges

- **Side Conversations:** Sometimes you'll have side-conversations happening during a training. This is distracting to other participants. When necessary move to stand next to the talkers. This often gets their attention and stops the behavior. You usually don't even have to say anything. Your proximity often does the trick.
- **Confrontational Questions:** Sometimes a participant may ask a question using a confrontational tone. Do not take it personally. Thank the participant for the question and answer it the question to the best of your ability or consider putting the question in the parking lot.
- **Participant is too quiet and not participating:** There are many pair and share opportunities as well as table work in our workshops. Some participants are not comfortable participating in front of the entire class. Build a relationship with quiet participants during the workshop series and overtime encourage them to share ideas and reflections.
- **Participant talks too much and has a hard time getting to the point:** Thank them for their ideas and state that because of time, we have to move on. You can also help summarize their key points and then respectfully move on.

Family Home Learning Video Library

Overview

We help families build a strong home learning practice by sending weekly home learning curriculum from our library of over 1000 modeled learning moments. Our video curriculum models learning activities, games, and family interactions that build on families' knowledge and experiences and can be accessed in English, Spanish, through closed captioning for hearing impaired families, and with sub-titles in Arabic and Vietnamese. Our video curriculum is research-based and is designed to be accessible and inspire a strong home-learning practice for families. Every video:

- Is approximately two minutes or less.
- Features REAL families in REAL environments.
- Features ethnic, cultural, and racial diversity, as well as fathers and grandparents.
- Models nurturing, supportive connections between family members.
- Models developmentally appropriate practices.
- Is designed to promote a nurturing home and home-learning practice. This includes content around foundational parenting skills, bonding and nurturing, literacy, early math, and social emotional learning.

Families receive these videos in a way that is convenient and current – through email, text messaging or through the ReadyRosie App. The content can come from ReadyRosie as a default sequence of best practices and/ or the content for families can be customized through ReadyRosie SHARE. The ReadyRosie SHARE platform allows teachers and family service managers to curate and send home-learning content to families. Families can also respond to videos and begin a mobile two way communication with their teacher and/ or family service manager. Additionally, families can use the ReadyRosie app to find topics they are interested in and enjoy “on the go” learning and bonding experiences.

[CLICK HERE](#) to see more information on our **video library**.